



**Ali Yavar Jung**

**National Institute of Speech and Hearing Disabilities (Divyangjan)**



Department of Empowerment of Persons with Disabilities (Divyangjan),  
Ministry of Social Justice and Empowerment, Government of India, New Delhi)

IS/ISO 9001: 2015 Certified Organization

**WORLD MENTAL HEALTH MONTH: AYJMHRH WEBINAR SERIES**

**Topic: Anxiety and its Management**

**Date: 29.10.21**

**Time: 10.30 to 11.30am**

**Patron**



**Dr. Suni Mathew**

Director  
AYJNISHD(D)

**Speaker**



**Mrs. Pragati Pandey,**

Assistant Professor Clinical Psychology  
NIMHR, Sehore

**Organised by AYJMHRH TEAM**

<https://ayjnihh.webex.com/ayjnihh/j.php?MTID=m6bdd194435a3a2a29ab3154592f8cb21>

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