



File No: N-2206/12/2020-NI-Part(2) (E 14086)  
Government of India  
Ministry of Social Justice and Empowerment  
Department of Empowerment of Persons with Disabilities (Divyangjan)

Room No. 517, 5th floor, Antyodaya Bhawan,  
CGO Complex New Delhi 110003  
Dated the 3<sup>rd</sup> September 2020

**Subject: Display of Mental Health Rehabilitation Helpline No. 1800-599-0019 on the website – regarding**

The undersigned is directed to convey that Hon'ble Minister, Social Justice & Empowerment will inaugurate Mental Health Rehabilitation Helpline- Kiran on 7<sup>th</sup> September 2020 at 11.30 AM through virtual mode.

2. This 24 x 7 toll-free helpline 1800-599-0019, will be available in 13 languages, namely: Hindi, English, Telugu, Kannada, Tamil, Malayalam, Bengali, Marathi, Gujarati, Urdu, Odia, Punjabi, and Assamese. The objectives of the helpline are to provide 24x7 psychological support; early screening and first-aid on mental health issues; distress management; promoting mental well-being; promoting positive behaviors; psychological crisis management and referral to mental health experts.

3. Heads of all organizations/Institutions under the Department are requested that immediately after the inauguration of the Helpline, the following message may be displayed on the website of respective organizations/Institutions:

*"To access 24 x 7 Mental Health Rehabilitation Helpline -'KIRAN', Dial -Toll Free Number 1800-599-0019"*

4. They are also requested to give wide publicity to the Helpline.

(Navin Kumar)  
Under Secretary (NIs)

To:

- i. Head of all Institutions/Organizations under the Department
- ii. Director (Admn.) to please display on the website of the Department.
- iii. All DS/Directors in the Department to please also follow up at their level with respective organizations.